

Life Transformation Groups

Life Transformation Groups (LTGs) is a concept pioneered by Neil Cole. He teaches that a strong focus on bible reading, prayer for each other and for those who need salvation, and discussion about life that is focused on character and spiritual growth questions.

LTGs are simple. Each LTG is a small group, a micro-group, made up of just two or three believers. More believers are welcome to join your LTG, but when the group consists of four or more regular attenders, another group should be multiplied out of the existing group. Neil Cole has found that the small size combined with the potential for groups to grow keeps the soil of LTGs fertile.

This is what happens in a LTG:

- *Each member agrees to read around 30 chapters of the bible each week.* To accomplish this, you will need to commit to reading the bible almost daily. Neil Cole suggests that we need to be saturated in scripture if we're going to take it seriously in our lives. If someone does not complete the reading, the entire group rereads the same section (30 chapters) until everyone completes it. This is not meant to embarrass anyone; rather, Neil Cole has found that when one member does not complete the reading, it is likely that the group still has something to learn from that section of scripture.
- *Prayer for each other and for those who need salvation.* Each member agrees to pray for the other members during the week. In addition, each member identifies two or three non-believers and the group prays regularly for these people and their spiritual development.
- *Discussion about character and spiritual growth.* LTGs need to meet once a week to share their lives, reading, and prayers together. If you commit to one, you should take it seriously and devote an hour each week to meeting with your LTG. In your gathering, in addition to discussing your bible reading, you talk about a series of character-forming and spiritual growth questions. Answers to these questions will also provide material for you to pray about during the week. Questions are not meant to pry into anyone's life, but the LTG provides a safe context to share difficulties and struggles with other believers who can pray for you. These questions are:
 - Have you been a testimony this week to the greatness of Jesus Christ with both your words and your actions?
 - Have you been exposed to sexually alluring material or allowed your mind to entertain inappropriate sexual thoughts about another this week?
 - Have you lacked integrity in your financial dealings or coveted something that does not belong to you?
 - Have you been honoring, understanding, and generous in your important relationships this week?
 - Have you damaged another person by your words, either behind their back or face-to-face?
 - Have you given in to an addictive behavior this week?
 - Have you continued to remain angry toward another?
 - Have you secretly wished for another's misfortune?
 - Did you finish the reading and hear from God? What are you going to do about it?
 - Have you been completely honest?